



NEWTON-WELLESLEY ORAL SURGERY
Adam Orden DDS, MS
Pediatric and Adult Oral and Maxillofacial Surgery

POSTOPERATIVE IMPLANT INSTRUCTIONS

Congratulations on your new dental implants !

Please read this information carefully. Your implants are designed to provide years of service. However, you must care for them and follow a **periodic regimen of home and professional care.**

- ❑ Implants like natural teeth require daily cleaning. You must brush and floss around each implant at least twice a day.
- ❑ **Smoking is the single largest cause of implant failure.** The nicotine in cigarettes decreases the blood flow to your gum tissue and bone. The plaque from cigarette smoke accumulates around the implant.
- ❑ You should use an antiseptic mouth rinse, like Peridex® or Perioguard® twice a day. Soak a Q-tip® or floss in the solution and work the solution around each implant after brushing. Make sure that you do not eat or drink anything for two hours after using the solution.
- ❑ Periodic dental hygiene visits are required. Make sure that you **visit a hygienist at least 4 times a year** for professional cleaning of the implants.
- ❑ You should **see Dr. Orden at least once a year and your dentist at least once a year for a complete evaluation.** It is very important to recognize any problems early. Inflammation or bone loss are serious matters that if detected early can be corrected.
- ❑ You must contact us immediately if you ever experience pain, bleeding, redness or swelling around your implant.
- ❑ **Make sure that your implants are restored by your dentist with prosthetic teeth as soon as possible. If implants are left “unloaded” or without teeth, then there is a high incidence of failure.** Implants need to become “loaded” to become more solidified within your jaw bone.