



NEWTON-WELLESLEY ORAL SURGERY
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Pediatric and Adult Oral and Maxillofacial Surgery

Instructions for Diabetic Patients

Patients who are insulin dependent diabetics need special pre- and post-operative instructions.:

Dosage the Morning of Surgery

No oral Antidiabetic Medications

1/2 Usual Dose of Intermediate Acting Insulin

Check CBG

Postoperative Care:

Subcutaneous Sliding Scale for Postoperative Care

- Monitor glucose every 4-6 hours if using regular insulin
- Monitor glucose every 2-4 hours if using lispro insulin (rapid acting)
- For glucose < 250mg/dl check more frequently

	Weight Class		
	<175 lbs / 80kg	(175-220) / 81-99 kg	>220 / 100kg
Blood Glucose	Insulin Units	Insulin Units	Insulin Units
<150	0	1	2
150-200	1	2	4
201-250	2	4	6
251-300	4	6	8
301-250	6	8	10
351-400	8	10	12
>400	Go to Local Emergency Room or Call Dr. On Call		

- Resume your normal diet immediately following surgery. You can drink a large milkshake following surgery on your way home.
- If you are unable to resume your diet, or experience persistent nausea you must contact this office immediately.
- If you find that your glucose is below 100mg or you feel the signs of hypoglycemia such as; lack of energy, dizziness, faint, then you must go immediately to the nearest emergency room.
- Resume your normal PM dose of insulin only if you are able to resume your dietary intake; otherwise you may need to adjust your PM dose of insulin to reflect your lowered glucose intake.